

7 STEPS TO A SUCCESSFUL SCHOOL YEAR



Overview: 7 Steps to a Successful School Year: A Complete Guide to Help Students Succeed in School, is a book and curriculum that helps students develop the mindset, skillset, and toolset to not only be successful students, but grow to become successful adults, and productive members of the community.

Standards Based Curriculum

PA Career Ready Skills

- **Self-Awareness and Self-Management** - Skills to understand and manage behavior, including the abilities to set goals, recognize feelings, and respond effectively to challenges.
- **Establishing and Maintaining Relationships** - Skills that support healthy relationships, including awareness and respect of diversity, and the abilities to communicate and resolve conflicts effectively.
- **Social Problem Solving** - Skills that support students to understand social norms, make responsible choices, and engage effectively in diverse contexts.

English Language Arts (ELA) Standards Aligned

ELA	<p>CC.1.2.6A - Determine the central idea of a text and how it is conveyed through particular ideas. Provide a summary of the text distinct from personal opinions or judgements.</p> <p>CC.1.2.6B - Site textual analysis to support what the text says explicitly as well as inferences or generalizations drawn</p> <p>CC.1.2.6D - Determine the author’s point of view or purpose in a text and explain how it is conveyed in the text</p> <p>CC.1.2.9-10E – Analyze in detail how an author’s ideas or claim are developed and refined by particular sentences, or larger portions of texts.</p> <p>CC.1.2.6F - Determine the meanings of words and phrases as they are used in grade-level reading and context, including interpretation of figurative language in context.</p> <p>CC.1.2.6J - Acquire and accurately use grade appropriate and general academic and domain-specific words and phrases; gather vocabulary knowledge when considering a word or phrase important to comprehension or expression.</p> <p>CC.1.4.6A - Write informative/exploratory texts to examine a topic and convey ideas, concepts, and information clearly.</p>
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8 Week 6th Grade Academy Program

Week	Topic	Standards
Introduction	It’s more about the journey than it is the destination.	CC.1.2.6A, CC.1.2.6D, CC.1.2.9-10E, CC.1.2.6F, CC.1.4.6A
1	Dream Big – Your current situation is not your final destination	CC.1.2.6A, CC.1.2.6B , CC.1.2.6D, CC.1.2.9-10E, CC.1.2.6F, CC.1.2.6J, CC.1.4.6A
2	Commit first, figure the rest out later	CC.1.2.6A, CC.1.2.6B , CC.1.2.6D, CC.1.2.9-10E, CC.1.2.6F, CC.1.2.6J, CC.1.4.6A
3	The importance of mentorship	CC.1.2.6A, CC.1.2.6B , CC.1.2.6D, CC.1.2.9-10E,

		CC.1.2.6F, CC.1.2.6J, CC.1.4.6A
4	Establish healthy routines	CC.1.2.6A, CC.1.2.6B , CC.1.2.6D, CC.1.2.9-10E, CC.1.2.6F, CC.1.2.6J, CC.1.4.6A
5	Audit your friends	CC.1.2.6A, CC.1.2.6B , CC.1.2.6D, CC.1.2.9-10E, CC.1.2.6F, CC.1.2.6J, CC.1.4.6A
6	Celebrate your wins – but not scoreboard watching	CC.1.2.6A, CC.1.2.6B , CC.1.2.6D, CC.1.2.9-10E, CC.1.2.6F, CC.1.2.6J, CC.1.4.6A
7	B.E.T. on yourself	CC.1.2.6A, CC.1.2.6D, CC.1.2.9-10E, CC.1.2.6F, CC.1.4.6A